

Take Control of  
Your Finances  
With A 30-Day,  
Step-by-Step

# Plan

WORKSHEET



**Answering these questions will increase your understanding of your financial situation and help you make plans for a secure future:**

1. What are my short, medium, and long term financial goals?

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2. What are some specific ways that I can cut back on my spending to have more money to devote to achieving my goals?

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3. What are my triggers for excessive spending? What are my plans to cope with these triggers to avoid blowing my budget?

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4. What is my current total amount of debt? Which debt repayment method will work best for me to help me get out of debt?

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5. What is the current amount in my retirement savings account? What steps can I take to increase my retirement savings?

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6. What options do I have to increase my income?

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7. What special hobbies, talents, and skills do I have that I can turn into opportunities to increase my income?

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8. What steps can I take to generate multiple income streams based on my existing savings and earnings?

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9. How can I stay motivated to continue to follow my plans to reach my financial goals?

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10. What are 3 affirmations that I can say each day to increase my determination to stick with my budget and other financial plans?

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